

**PSHE Overview**  
**SCARF Half-Termly Plans**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<b>Me and my Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Safe</b>	<b>Rights and Respect</b>	<b>Being My Best</b>	<b>Growing and Changing (RSE)</b>
<b>EYFS – Reception Programme of Study</b>	<p>All About Me</p> <p>What makes me special?</p> <p>Me and my special people</p> <p>Who can help me?</p> <p>My feelings</p> <p>My feelings (2)</p>	<p>I'm special, you're special</p> <p>Same and different</p> <p>Same and different families</p> <p>Same and different homes</p> <p>I am caring</p> <p>I am a friend</p>	<p>What's safe to go onto my body</p> <p>Keeping Myself Safe - What's safe to go into my body (including medicines)</p> <p>Safe indoors and outdoors</p> <p>Listening to my feelings (1)</p> <p>Keeping safe online</p> <p>People who help to keep me safe</p>	<p>Looking after my special people</p> <p>Looking after my friends</p> <p>Being helpful at home and caring for our classroom</p> <p>Caring for our world</p> <p>Looking after money (1): recognising, spending, using</p> <p>Looking after money (2): saving money and keeping it safe</p>	<p>Bouncing back when things go wrong</p> <p>Yes, I can!</p> <p>Healthy eating</p> <p>My healthy mind</p> <p>Move your body</p> <p>A good night's sleep</p>	<p>Seasons</p> <p>Life stages - plants, animals, humans</p> <p>Life Stages: Human life stage - who will I be?</p> <p>Where do babies come from?</p> <p>Getting bigger</p> <p>Me and my body - girls and boys</p>

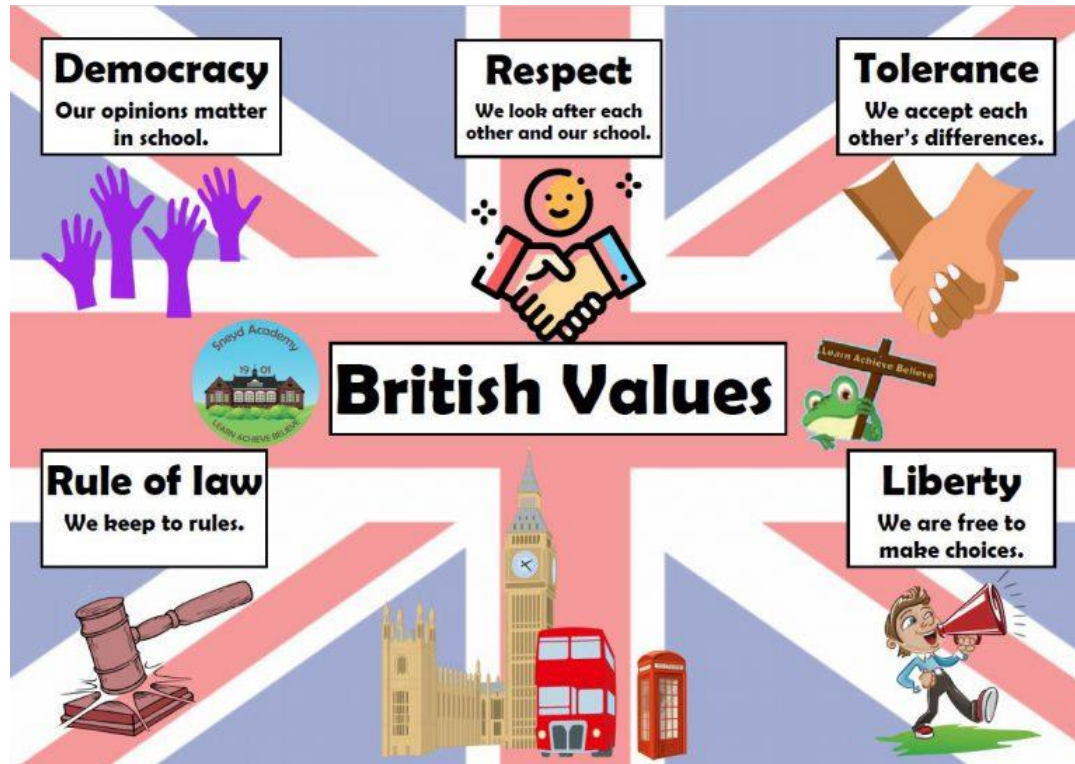
A - Y1&2 – Year 1 Programme of Study	<b>Me and my Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Safe</b>	<b>Rights and Respect</b>	<b>Being My Best</b>	<b>Growing and Changing (RSE)</b>
	Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Good friends How are you listening?	Same or different? Unkind, tease or bully? Harold's school rules Who are our special people? It's not fair! Our special people balloons	Super sleep Who can help? (1) Harold loses Geoffrey What could Harold do? Good or bad touches? Sharing pictures	Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid Harold has a bad day	Harold's wash and brush up I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Inside my wonderful body! (optional)	Taking care of a baby Then and now Who can help? (2) Surprises and secrets Keeping privates private Healthy me
B- Y1&2 – Year 2 Programme of Study	<b>Me and my Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Safe</b>	<b>Rights and Respect</b>	<b>Being My Best</b>	<b>Growing and Changing (RSE)</b>
	Our ideal classroom 1 and 2 (optional) How are you feeling today? Bullying or teasing? (optional) Don't do that! Types of bullying <b>Being a good friend</b> Let's all be happy!	<b>What makes us who we are?</b> How do we make others feel? <b>My special people</b> <b>When someone is feeling left out</b> An act of kindness Solve the problem	Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell?	Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping (optional) Playing games	You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom My body needs... (optional) What does my body do?	A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Basic first aid Some secrets should never be kept

A – Y3&4 – Year 3 Programme of Study	<b>Me and my Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Safe</b>	<b>Rights and Respect</b>	<b>Being My Best</b>	<b>Growing and Changing (RSE)</b>
	<p>As a rule</p> <p>My special pet (optional)</p> <p>Tangram team challenge (optional)</p> <p>Looking after our special people</p> <p>How can we solve this problem?</p> <p>Dan's dare</p> <p>“Thunks”</p> <p>Friends are special</p>	<p>Family and friends</p> <p>My community</p> <p>Respect and challenge</p> <p>Our friends and neighbours</p> <p>Let's celebrate our differences</p> <p>Zeb</p>	<p>Safe or unsafe?</p> <p>Danger or risk?</p> <p>The Risk Robot</p> <p>Alcohol and cigarettes: the facts</p> <p>Super Searcher</p> <p>Raisin challenge (1) (optional)</p> <p>Help or harm?</p>	<p>Our helpful volunteers</p> <p>Helping each other to stay safe</p> <p>Recount task</p> <p>Harold's environment project</p> <p>Can Harold afford it?</p> <p>Earning money</p> <p>Let's have a tidy up! (optional)</p>	<p>Derek cooks dinner! (healthy eating)</p> <p>Poorly Harold</p> <p>For or against?</p> <p>I am fantastic!</p> <p>Getting on with your nerves! (optional)</p> <p>Body team work</p> <p>Top talents</p>	<p>Relationship Tree</p> <p>Body space</p> <p>Secret or surprise?</p> <p>My changing body</p> <p>Basic first aid</p> <p>None of your business!</p>
B – Y3&4 – Year 4 Programme of Study	<b>Me and my Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Safe</b>	<b>Rights and Respect</b>	<b>Being My Best</b>	<b>Growing and Changing (RSE)</b>
	<p>An email from Harold!</p> <p>Ok or not ok? (part 1)</p> <p>Ok or not ok? (part 2)</p> <p>Human machines</p> <p>Different feelings</p> <p>When feelings change (optional)</p> <p>Under pressure</p>	<p>Can you sort it?</p> <p>Islands</p> <p>Friend or acquaintance?</p> <p>What would I do?</p> <p>The people we share our world with</p> <p>That is such a stereotype!</p>	<p>Danger, risk or hazard?</p> <p>Picture Wise</p> <p>How dare you!</p> <p>Medicines: check the label</p> <p>Know the norms (optional)</p> <p>Keeping ourselves safe</p> <p>Raisin challenge (2)</p> <p>Traffic lights (optional)</p>	<p>Who helps us stay healthy and safe?</p> <p>It's your right</p> <p>How do we make a difference?</p> <p>In the news!</p> <p>Safety in numbers</p> <p>Logo quiz (optional)</p> <p>Harold's expenses (optional)</p> <p>Why pay taxes?</p>	<p>What makes me ME!</p> <p>Making choices</p> <p>SCARF Hotel</p> <p>Harold's Seven Rs</p> <p>My school community (1)</p> <p>Basic first aid</p> <p>Volunteering is cool (optional)</p>	<p>Moving house</p> <p>My feelings are all over the place!</p> <p>All change!</p> <p>Preparing for periods (formerly Period positive)</p> <p>Secret or surprise?</p> <p>Together</p>

A – Y5&6 – Year 5 Programme of Study	<b>Me and my Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Safe</b>	<b>Rights and Respect</b>	<b>Being My Best</b>	<b>Growing and Changing (RSE)</b>
	<p>Collaboration Challenge!</p> <p>Give and take</p> <p>How good a friend are you?</p> <p>Relationship cake recipe</p> <p>Being assertive</p> <p><b>Our emotional needs</b></p> <p>Communication (optional)</p>	<p>Qualities of friendship</p> <p>Kind conversations</p> <p><b>Happy being me</b></p> <p>The land of the Red People</p> <p>Is it true?</p> <p>It could happen to anyone (optional)</p> <p><b>Stop, start, stereotypes</b></p>	<p>'Thinking' about habits (optional)</p> <p>Vaping: healthy or unhealthy?</p> <p>Spot bullying</p> <p>Ella's diary dilemma</p> <p>Decision dilemmas</p> <p>Play, like, share</p> <p>Drugs: true or false? (optional)</p> <p>Smoking: what is normal? (optional)</p> <p>Would you risk it?</p>	<p>What's the story?</p> <p>Fact or opinion?</p> <p>Rights, respect and duties</p> <p>Mo makes a difference</p> <p>Spending wisely</p> <p>Lend us a fiver!</p> <p>Local councils (optional)</p>	<p>It all adds up!</p> <p>Different skills</p> <p>My school community (2)</p> <p>Independence and responsibility</p> <p>Star qualities?</p> <p>Basic first aid, including Sepsis Awareness</p>	<p>How are they feeling?</p> <p>Taking notice of our feelings</p> <p>Dear Hetty (optional)</p> <p>Growing up and changing bodies</p> <p>Changing bodies and feelings</p> <p>It could happen to anyone</p> <p>Help! I'm a teenager!</p> <p>Dear Ash</p>
B – Y5&6 – Year 6 Programme of Study	<b>Me and my Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Safe</b>	<b>Rights and Respect</b>	<b>Being My Best</b>	<b>Growing and Changing (RSE)</b>
	<p>Working together</p> <p>Let's negotiate (optional)</p> <p>Solve the friendship problem</p> <p>Assertiveness skills (Behave yourself - 2)</p> <p>Behave yourself</p> <p>Dan's day</p> <p>Don't force me</p> <p>Acting appropriately</p>	<p>OK to be different</p> <p>We have more in common than not</p> <p><b>Respecting differences</b></p> <p><b>Tolerance and respect for others</b></p> <p>Advertising friendships!</p> <p><b>Boys will be boys? - challenging gender stereotypes</b></p>	<p><b>Think before you click!</b></p> <p>Share or not to share?</p> <p>Rat Park</p> <p>What sort of drug is...?</p> <p><b>Drugs: it's the law!</b></p> <p><b>Alcohol: what is normal?</b></p> <p>Joe's story 1 &amp; 2 (optional)</p> <p>It's a puzzle (optional)</p>	<p>Two sides to every story</p> <p>Fakebook friends</p> <p>What's it worth?</p> <p><b>Jobs and taxes (optional)</b></p> <p>Action stations! (optional)</p> <p>Project Pitch 1 &amp; 2 (optional)</p> <p>Happy shoppers</p> <p><b>Democracy in Britain 1 – Elections</b></p>	<p><b>Five Ways to Wellbeing project</b></p> <p>This will be your life!</p> <p>Our recommendations</p> <p>What's the risk? (1)</p> <p>What's the risk? (2)</p> <p>Basic first aid</p>	<p>Helpful or unhelpful? Managing change</p> <p>I look great!</p> <p>Media manipulation</p> <p>Pressure online</p> <p>Is this normal?</p> <p>Making babies</p> <p>What is HIV? (optional)</p>

				Democracy in Britain 2 – How (most) laws are made		
				Community art (optional)		

Key Events											
	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	July
<u>A</u>		Harvest	Children in need Remembrance Anti-Bullying Week	Christmas Jumper Day		Children's Mental Health Week  Safer Internet Day	International Women's Day  (Easter)	World Book Day  (Easter)		Pride Month	
<u>B</u>		Harvest  Black History Month	Remembrance  Anti-Bullying Week	Christmas Jumper Day		Children's Mental Health Week  Safer Internet Day	Comic Relief  (Easter)	World Book Day  (Easter)			



Democracy

Mutual respect

Tolerance for others faith and beliefs

Individual liberty

The rule of law